

NUTRITIONAL INFORMATION

	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat	Monounsaturated Fat	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
SANDWICHES, SLIDERS & TENDERS															
BBQ Chicken Alert Sandwich (Fried Chicken)	840	380	42	8				95	2220	511	74	3	22	19	38
BBQ Chicken Alert Sandwich (Grilled Chicken)	640	260	30	7		0	1.5	95	1490	470	57	2	21	18	36
Buffalo Sandwich (Fried Chicken)	1000	590	67	8				95	3760	479	59	4	9	6	35
Buffalo Sandwich (Grilled Chicken)	800	480	54	8		0	1.5	95	3040	438	42	3	7	5	33
Chicken Tenders (3 Piece)	420	170	20	2.0				85	1520	469	22	2	2	1	36
Chicken Tenders (5 Piece)	690	290	33	3.0				140	2540	782	36	3	3	2	60
Crispy Chicken Grilled Cheese	1060	460	52	14				140	2990	699	91	4	13	10	51
Grilled Chicken Club	880	440	50	10		0.5	3.5	180	2010	1187	40	4	8	5	66
Popcorn Chicken - Big	310	170	20	3.5				65	890	0	15	1	1	1	16
Popcorn Chicken - Bigger	610	350	40	7				125	1780	87	31	2	2	2	31
Shaq Attack Sandwich (Fried Chicken)	750	290	33	7				100	2180	615	70	4	21	18	40
Shaq Attack Sandwich (Grilled Chicken)	550	180	21	6		0	1.5	100	1460	574	52	3	20	17	38
Sliders (2 Piece)	600	240	27	6				75	1920	412	58	3	15	12	33
Sliders (3 Piece)	910	360	40	9				115	2880	619	87	5	22	18	49
Superman Sandwich (Fried Chicken)	840	420	47	9				105	2050	709	61	5	12	10	41
Superman Sandwich (Grilled Chicken)	640	310	35	8		0	1.5	105	1330	668	44	4	11	10	38
The Original Big Chicken Sandwich (Fried Chicken)	700	320	36	5				90	2050	518	57	2	12	10	35
The Original Big Chicken Sandwich (Grilled Chicken)	500	210	23	4.5		0	1.5	90	1330	478	40	1	10	9	32
The Ultimate Sandwich (Fried Chicken)	920	470	53	9		0	0	105	2110	562	68	3	13	10	39
The Ultimate Sandwich (Grilled Chicken)	720	360	41	8		0.5	2.0	105	1390	521	50	2	12	9	37
Uncle Jerome's Nashville Hot Sandwich (Fried Chicken)	1170	770	87	12		17	6	90	2800	754	61	6	10	8	37
Uncle Jerome's Nashville Hot Sandwich (Grilled Chicken)	970	660	75	11		17	8	90	2080	713	43	5	8	7	34
Uncle Jerome's Nashville Hotter Sandwich (Fried Chicken)	1170	770	87	12		17	6	90	2750	759	61	6	9	8	37
Uncle Jerome's Nashville Hotter Sandwich (Grilled Chicken)	970	660	75	11		17	8	90	2030	718	43	5	8	7	34
Jalapeno Slaw	100	60	7	0				590	115	10	3	6			1
Sweet Potato Waffle Fries	640	370	42	3.0				660	730	62	5	14	8		5
Lucille's Mac N Cheese	300	160	18	9		1.0	1.0	50	1090	149	19	1	3	0	13
SALADS															
Chicken Caesar Salad (Fried Chicken)	740	430	49	9		0	1.0	110	2310	730	36	4	5	3	38
Chicken Caesar Salad (Grilled Chicken)	540	320	36	9		0	2.5	110	1590	680	19	3	4	2	36
Chicken Caesar Salad (Popcorn Chicken)	700	460	52	12		0	1.0	95	1900	350	34	4	4	3	25
Chicken Chopped Salad (Fried Chicken)	950	540	61	13		0		130	2240	690	53	7	24	16	43
Chicken Chopped Salad (Grilled Chicken)	750	430	48	12		0	1.5	130	1520	650	36	6	23	16	40
Chicken Chopped Salad (Popcorn Chicken)	910	560	64	15		0		115	1830	310	51	7	24	16	30
Chicken Cobb Salad (Fried Chicken)	1160	780	88	20		1.0	2.0	355	2630	1410	37	10	10	1	51
Chicken Cobb Salad (Grilled Chicken)	960	670	76	19		1.5	4.0	355	1900	1370	19	9	9	0	48
Chicken Cobb Salad (Popcorn Chicken)	1110	810	91	22		1.0	2.0	340	2220	1030	34	10	10	1	38

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SANDWICH INDIVIDUAL ITEMS																
Bleu Cheese	110	80	9	6				30	120		1				7	
Brioche Bun	170	20	2.5	1.0					230	50	33	1	5	5	6	
Buffalo Sauce	60	35	4.0						1880		4					
Cheese Mix	100	70	8	4.5				30	190	0	1				6	
Chipotle BBQ Sauce	50								190	74	11		10	9		
Crispy Onion Strings	140	110	12	1.5					80	0	6		1		1	
Fried Chicken Breast	350	150	17	1.5				75	1300	421	18	1	1	1	29	
Grilled Chicken	150	40	4.5	1.0		0	1.5	75	570	380	0		0	0	26	
Jalapeno Slaw - 2 oz	50	30	3.0	0					300	55	5	1	3	1	1	
Lucille's Mac N Cheese	130	70	8	4.0		0	0	20	470	65	8		2		6	
Mayonnaise	300	300	33	4.5				15	260							
Memphis BBQ Sauce	70								270		16		14	13		
Muenster Cheese	80	50	6	4.0				20	140						5	
Nashville Fried Chicken	640	410	47	6		17	6	75	1980	634	26	5	4	3	30	
Nashville Grilled Chicken	440	300	34	5		17	8	75	1250	593	8	3	3	2	28	
Panini Bread - 2 Slices	300	10	1.0						680	120	60	2			12	
Pepper Jack Cheese	80	50	6	4.0				25	130						5	
Pickles	0								330		1					
Ranch Slaw	70	45	5	1.0				3	100	0	4	1	2		0	
Shaq Sauce	130	100	12	2.0				15	190	47	5		5	4		
Smashed Avocado	90	70	8	1.0					190	162	3	3	1		1	
Swiss Cheese	70	50	6	3.5				20	35	0					5	
White American Cheese	100	80	9	5				30	510	59	1		1		5	
KIDS MEAL																
2 Pc Tender Fries (No Drink)	540	230	26	3.0					55	1450	648	48	3	14	1	26
2 Pc Tender Waffle Fries (No Drink)	550	240	27	2.5					55	1240	666	50	4	19	3	26
Kid's BYO Sundae - Caramel Sauce	150	35	4.0	2.0				10	70	0	30		24	24		
Kid's BYO Sundae - Chocolate Sauce	140	15	1.5						60		41	1			1	
Kid's BYO Sundae - Soft Serve	170	80	9	5				35	75	157	19		15	11	3	
Kid's BYO Sundae - Whipped Cream	15	10	1.0	1.0				4		0	1		1	1		
Kid's Lucille's Mac N Cheese	560	280	31	11		1.0	1.0	50	1520	485	52	3	17	0	15	
Kid's Lucille's Mac N Cheese - Waffle Fries	570	280	32	10		1.0	1.0	50	1320	503	54	4	21	3	15	
Kid's Sundae - Caramel	330	120	14	8				50	140	185	48		39	34	3	
Kid's Sundae - Chocolate	320	100	12	6				35	135	164	60	1	16	11	5	
Popcorn Chicken - Fries (No Drink)	450	220	25	3.5				40	960	362	43	3	14	1	11	
Popcorn Chicken - Waffle Fries (No Drink)	460	230	26	3.5				40	760	380	45	3	18	3	11	

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SHAKES & SUNDAES															
Brownie Sundae	560	210	24	11				85	260	243	93	2	38	16	8
Classic Sundae - Caramel	420	160	18	11				65	180	265	59		47	41	4
Classic Sundae - Chocolate	400	140	16	9				55	170	243	69	1	23	16	6
Cookie Sundae	590	210	24	13				65	360	278	98	3	40	24	8
Cookies & Cream Shake	770	330	37	18				95	440	539	100	2	66	30	11
Double Chocolate Shake	750	320	36	20				95	270	523	114	4	61	48	12
Peanut Butter Cup Shake	780	370	41	18				95	340	442	102	3	47	32	16
Salted Caramel Shake	740	340	38	23				130	510	444	91		66	51	11
Classic Sundae - Chocolate	400	140	16	9				55	170	243	69	1	23	16	6
Cookie Sundae	590	210	24	13				65	360	278	98	3	40	24	8
BREAKFAST															
Breakfast Biscuit	360	150	17	9				25	1020	90	46	1	11	11	6
Cynthia	550	270	31	10		1.5	3.5	440	1170	533	42	5	10	6	26
G.O.A.T	700	460	52	12		1.5	3.5	450	1420	238	37	1	8	6	22
LSU	660	350	40	18		1.5	3.5	470	1820	241	49	1	13	12	26
Nashville Hot Burrito	1160	760	86	19	0	18	10	475	2500	426	60	7	6	3	35
Shaq FU	780	260	30	10				90	2330	494	92	2	26	25	33
Tater Tots	510	360	41	5					1420	0	33	2	3	0	5
The Tiger	660	350	40	18		1.5	3.5	470	1820	241	49	1	13	12	26
Tot Hash	1030	690	78	16	0	3.0	6	475	3360	250	50	4	8	2	32
BREAKFAST INDIVIDUAL INGREDIENTS															
Bacon Jam	80	30	3.5	1.5				10	160	0	10		9	9	2
Biscuit	280	110	13	8				15	860	69	36		2	2	4
Broiche Bun	170	20	2.5	1.0					230	50	33	1	5	5	6
Cheddar Cheese	110	80	9	5.0				30	180	0	0				6
Cheese Sauce	130	100	11	5.0	0	2.0	2.5	25	300	90	4		2		4
Egg Round	190	120	14	3.5		1.5	3.5	415	620	131	2		2	1	13
Fried Chicken Breast	350	150	17	1.5				75	1300	421	18	1	1	1	29
Herb Mayo	270	260	30	4.0				15	230	0	0		0		0
Honey Butter	150	110	12	8		0	3.0	30	40	0	11		11	11	0
Honey Sriracha Syrup	150								170	0	38		23	22	
Jalapeno Slices	0								220		0				
Nashville Popcorn Chicken	450	360	41	7		17	6	40	870	132	13	2	2	1	10
Pepper Jack Cheese	80	50	6	4.0				25	130						5
Smashed Avocado	90	70	8	1.0					190	162	3	3	1		1
Tomato Slices	15	0	0			0			0	189	3		2		1
Tortilla	210	50	6	2.5					340		33	2			5
Tots - In Burrito	130	90	10	1.5					350	0	8		1	0	1
White American Cheese	70	50	6	3.5				20	340	0	1		1		3

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SAUCES															
BBQ Ranch Sauce	190	130	15	2.0				20	510	102	11		8	8	
Buffalo Style Hot Sauce									2280						
Carolina Honey Mustard BBQ Sauce	210	140	16	2.0				5	350	0	16		15	15	
Shaq Sauce	210	170	19	3.5				25	320	79	9		9	7	
Spicy Chipotle BBQ Sauce	100								370	149	23		19	18	
Sweet & Smokey Memphis BBQ Sauce	110								460		27		24	22	
BEVERAGES - 20OZ															
Diet Dr. Pepper									100						
Diet Pepsi	0								60	87					
Dr. Pepper	250								100		66		64	64	
Lemon Berry Acai	170								125		45		43		
Mountain Dew	270								85	0	72		72	72	
Orange Crush	270								115		72		72	72	
Pepsi	250								50		70		70	70	
Pepsi Wild Cherry	270								50		70		70	70	
Pineapple Cream Soda	170								90		40		40		
Schweppes Ginger Ale	200								100		55		55		
Sierra Mist	250								50	112	67		67	67	
Southern Sweet Tea	250								20	188	65		63	63	
Strawberry Lemonade	270								120		70		70		
Tropical Fruit Punch	280								65	250	75		75	75	
Pepsi Wild Cherry	250								50	10	70		70	70	
Pineapple Cream Soda	170								90		40		40		
Schweppes Ginger Ale	200								100		55		55		
Sierra Mist	250								50	110	67		67	67	
Southern Sweet Tea	210								20	190	55		52	52	
Strawberry Lemonade	270								120		70		70		
Tropical Fruit Punch	280								65	250	75		75	75	
BEVERAGES - 32OZ															
Agave Vanilla Cream Soda	270									170		72		72	72
Black Cherry	240									150		64		64	64
Brisk Iced Tea	200								120	0	56		56	56	
Citrus Hibiscus Orange	400								135		101		101	101	
Classic Root Beer	270								230		72		67		
Cola	350								150		93		91	91	
Diet Cola	0								160						
Diet Dr. Pepper									160						
Diet Pepsi	0								100	139					
Dr. Pepper	400								160		106		102	102	
Lemon Berry Acai	270								200		72		69		
Mountain Dew	440								140	0	116		116	116	
Orange Crush	430								190		115		115	115	
Pepsi	400								80		112		112	112	
Pepsi Wild Cherry	430								80		112		112	112	
Pineapple Cream Soda	270								150		64		64		
Schweppes Ginger Ale	320								160		88		88		
Starry	400								80	179	108		108	108	
Southern Sweet Tea	400								30	301	104		101	101	
Strawberry Lemonade	490								20	111	130		119	68	0
Tropical Fruit Punch	440								100	400	120		120	120	